

The Twelve P's of Success

by Connie Komack

What **are** the keys to leading a successful, fulfilling, joyful life?

One day, I sat down at my desk and made a list of the concepts I teach in my classes, workshops, and seminars. I also made a list of the qualities I believe we need to possess, or to learn and master, in order to be successful. Then I noticed that almost all of these words or concepts began with the letter "P". From that exercise, this list of *The Twelve P's of Success* evolved.

Passion – the energy that fuels our lives

Purpose – the big "Why?" behind our life design

Personal Power – the ability to live an authentic, self-directed life

Possibility – the belief that anything is possible – an openness to life's magic or to the mysterious workings of the Unknown Force

Permission – the ability to grant oneself permission to succeed

Planning – the ability to plan, organize, manage time, set goals

Patience – the ability to accept that all things come in their time

Persistence/Perseverance – sticking to it; the true secret of success

Perspiration – taking action, working the plan; the other true secret of success

Process – honoring and enjoying the journey as much as the destination

Practice – leads to excellence (forget perfection) and mastery

Play – having fun, enjoying life, approaching all aspects of life with a sense of humor; the ability to relax and enjoy whatever you are doing at the moment

Each of these "P's" is a key to continual growth and evolvment, a key to living a happy and rewarding life. Take time to consider each of these "P's" in light of your own life. Accept, own, and rejoice in the qualities you already possess. Take on the others as lessons you intend to develop, practice, and master.

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